

A Report on World Lung cancer day at Ideal Institute of Pharmacy

Title of Event: World Lung cancer day

Date of Event: 1st August 2024

Time of Event: 2.30 PM to 4:00 PM

Venue-: Ideal Institute of pharmacy, Wada, Palghar

Event Objective:

- The significance of World Lung Cancer Day lies in its role as a catalyst for change and improvement in lung cancer outcomes.
- It provides an opportunity to honour and support those affected by lung cancer, including patients, survivors, families, and healthcare providers.
- The day also emphasises the importance of early detection, which can significantly improve survival rates.
- By observing World Lung Cancer Day, society can foster a more informed and proactive approach to lung cancer, ultimately working towards better prevention, early detection, and more effective treatments.
- Ensure you are up-to-date with vaccinations, such as the flu vaccine and pneumonia vaccine, to protect against respiratory infections.

Report:

A World lung cancer day was organized in our college. Doctors from Ideal Ayurveda hospital gave their presence as a guest lecture. Program started in **Ideal Institute of Pharmacy** on **1st August 2024**.

The Program commenced with the a group of dignitaries and faculties.

Participating as chief guest, who is the Chairman of Ideal foundation **Mr Abhishek Jain**, said that Taking the preventative measures to keep yourself and your loved ones from developing lung cancer is extremely important. One of the most common risk factors linked to lung cancer — smoking cigarettes — is a habit that is entirely preventable. Encourage those you love to choose other methods over smoking in an effort to eliminate the risks of developing lung

cancer. Attending routine doctor checkups and physicals is also important for maintaining overall lung health

Our college **Principal Dr. Sonali Uppalwar**, addressed that It is never too late to stop smoking, but the earlier you stop, the better. Smokers who stop for 28 days or more are five times more likely to stop for good.

However, it isn't easy and different approaches will work for different people. While some people might be able to do it with very little support, others find that planning ahead and making use of the free stop smoking services that are available can really help them make the decision permanent.

Our guest speaker **Dr. Vivek Singh** Spoken that lung cancer day is the initiative also aims to shed light on key symptoms and screening options. Symptoms include change in mucus, chest or back pain, coughing up blood and difficulty swallowing. Tests that may be used to diagnose lung cancer include chest X-rays, CT and PET scans, bronchoscopy and needle biopsies. If you are a current or former smoker and over age 55, you may be a candidate for a low-dose CT scan screening that can offer early detection of lung cancer, potentially at its earliest stages.

Our guest speaker **Dr. Hiteshwar Dharmaji Lonare** spoken that Cancer is a deadly disease and is struggling hard presently to become the number one killer of our times. The incidence of cancer is increasing. This is because of increasing longevity, changing lifestyle, increasing pollution and many other factors. Three out of every ten people in the world will have cancer in their lives by 2025. Cancer is increasing in India too and in the next 15 years or so, one out of every six person, will have cancer, which means that at least one member of every family will have a patient suffering from cancer. It is hence imperative that we all know the basics about cancer and its causes, early symptoms and methods of treatment

Faculty of college Associate Professor **Mr. Abhishek Sen** given a speech about the significance of lung health

Assistant professor **Ms. Shanti Patel** spoke on the occasion.



IDEAL INSTITUTE OF PHARMACY
Approved by University of Mumbai, PCI Delhi, Recognized by DTE Mumbai & Affiliated to MSBTE Mumbai, Maharashtra (NAAC B+ Approved)

INSTITUTION'S INNOVATION COUNCIL
(Ministry of Education Initiative)

WORLD LUNGS CANCER DAY
1ST AUGUST

Guest Speaker
Dr. Vivek Singh (Ph.D. Scholar)
BAMS, MD (Asst. Prof.)
RKCAMS, Bhopal (M.P.)

Guest Speaker
Dr. Hiteshwar Dharmaji Lonare
(Asst. Prof.) (Ph.D. Scholar)
MD Ayurved (TAMV Pune)

Mr. Abhishek Jain
(Chairman Ideal Foundation)

Dr. Sonali Vinod Uppalwar
(Principal, IIP Wada, MH)

Mr. Lokesh Vyas
(IQAC Head) IIP Wada

Dr. Abhishek Kumar Sen
(IIC President & (Conveyner) IIP, Wada)

Ms. Shanti Patel
(IIC Member)

AT VILLAGE - POSHERI, TALUKA - WADA, DISTRICT - PALGHAR, MAHARASHTRA 421303

www.idealpharmacywada.com



Pali, Maharashtra, India
M39G+HW4, opposite Balaji Marbles, Pali, Maharashtra 421303, India
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Long 73.077605°
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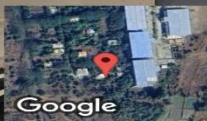


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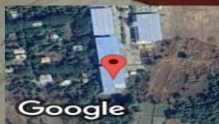
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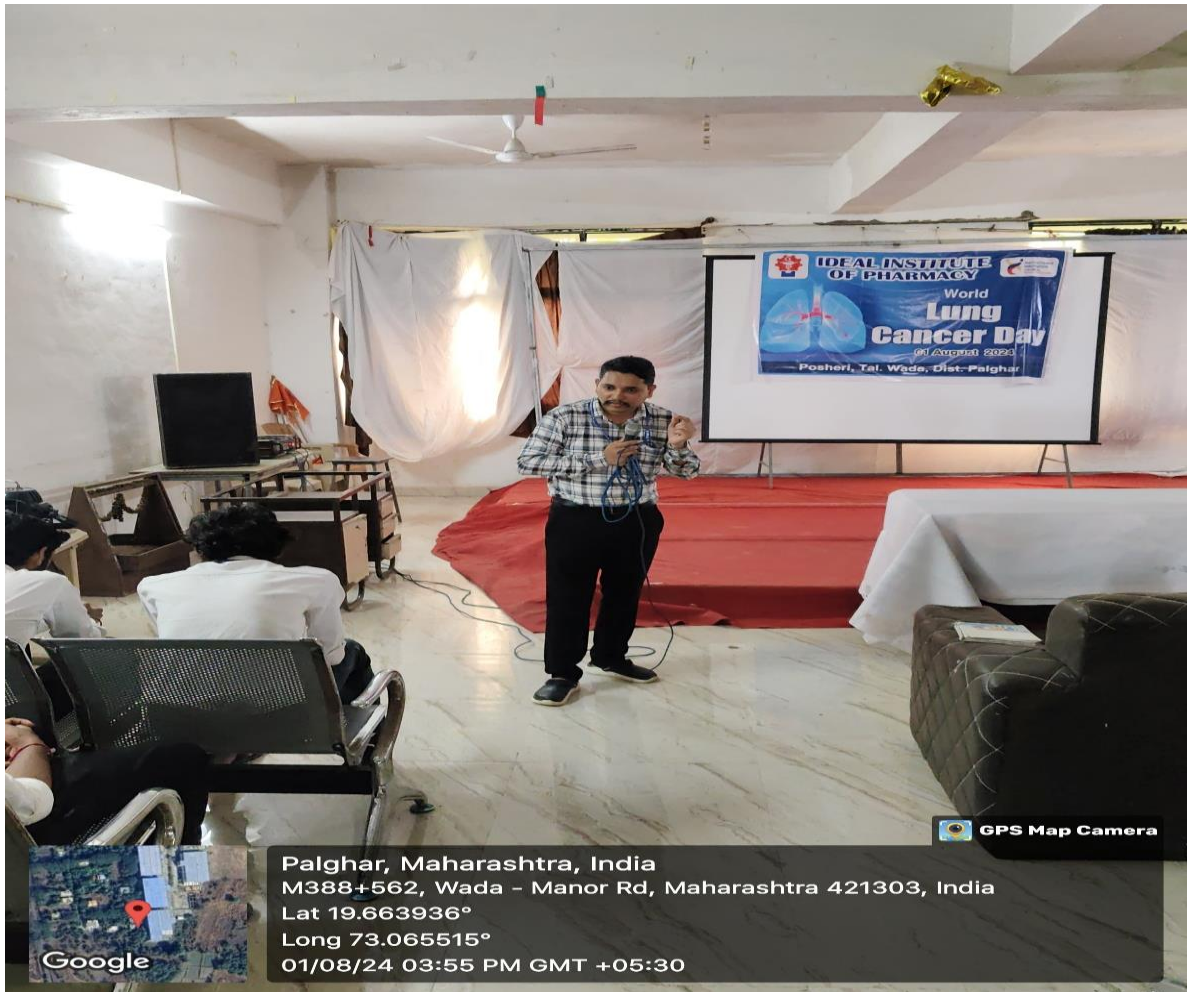
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