



**IDEAL INSTITUTE OF PHARMACY**  
(Affiliate to the Mumbai University)  
At.-Posheri, Tal.-Wada, Dist-Palghar,  
Maharashtra



**Semester 1: Self-Driven Activities**

**Thrust Area: Health and Ayurvedic Sciences**

Theme-	Seminar on Complementary benefits of Ayurveda medicine
Activity Name-	Seminar
Speakers Name-	Dr. Alam Khan
Mode of Conduct-	Offline
Time of Conduct-	22nd Nov 2023; 11:00AM To 2:30 PM
Participants-	Students 116, Faculties 33
Online resource-	
Venue-	2nd Floor Seminar Hall, Ideal Institute of Pharmacy, Wada,
Description and Key Outcomes-	<p>On 22/11/2023 Ayurvedic Medicine Change Program was conducted in Ideal Institute of Pharmacy College in which Dr. Alam Sir was present and informed the students about Ayurvedic Medicine Change. Ayurveda is a science of life with a holistic approach to health and personalized medicine. It is one of the oldest medical systems, which comprises thousands of medical concepts and hypothesis. Interestingly, Ayurveda has ability to treat many chronic diseases such as cancer, diabetes, arthritis, and asthma, which are untreatable in modern medicine. Unfortunately, due to lack of scientific validation in various concepts, this precious gift from our ancestors is trailing. Hence, evidence-based research is highly needed for global recognition and acceptance of Ayurveda, which needs further advancements in the research methodology. The present review highlights various fields of research including literary, fundamental, drug, pharmaceutical, and clinical research in Ayurveda. The review further focuses to improve the research methodology for Ayurveda with main emphasis on the fundamental research. This attempt will certainly encourage young researchers to work on various areas of research for the development and promotion of Ayurveda. The program was attended by the principal of Ideal Institute of Pharmacy, Dr. Sonali Uppalwar, along with the faculty and non-teaching staff of the college.</p>



**IDEAL INSTITUTE OF PHARMACY**  
(Affiliate to the Mumbai University)  
At.-Posheri, Tal.-Wada, Dist-Palghar,  
Maharashtra



clear sky  
33.0 °C  
M39F+M9G, Wada - Manor Rd,  
Maharashtra 421303, India  
22 Nov 2023 11:54 am

